

South London Orienteers

TRAIL CHALLENGE

SUMMER EVENING SERIES

10K, 6K and Mini Races

Tuesday, 24 May 2005

Ham Riverside and Richmond Park
Hawker Centre, Lower Ham Road, Kingston upon Thames

Tuesday, 21 June 2005

[Epsom Downs](#) (changed venue from previously advertised Bushy Park)
Tattenham Corner (meet by a car park by a roundabout 500m east of the Epsom racecourse grandstand), Epsom, Surrey

Tuesday, 5 July 2005

[Wimbledon Common](#)
Richardson Evans Memorial Playing Fields (nr A3 Robin Hood roundabout), Kingston Vale, London

A **TRAIL CHALLENGE** is a mass start cross-country race with a difference. Checkpoints define the courses which will be run over tracks and trails - the **TRAIL CHALLENGE** arises from choosing the fastest route between them.

Starts

10k race 7:30pm, 6k race 7:40pm, mini race for juniors 7:15pm

INFORMATION: www.sloweb.org.uk

ENTRY INFORMATION

ENTRIES: adults **£4 in advance, £6 on the day**; juniors half-price. Includes detailed map of the area, hire of an electronic 'finger' timer to record your arrival at checkpoints and to produce instant results showing your time between checkpoints. Please enter in advance by post, using the form below. The closing date for each race is the weekend prior to the race. Cheques payable to SLOW. Entries on the day accepted, subject to entry limit not being reached.

MINI TRAIL CHALLENGE: for boys or girls under 15 on 31 December 2005. Prizes for various age classes.

REGISTRATION: will be open from 1 hour before the first race. Please aim to be ready 10 minutes before your start. Your competition map with the marked checkpoints will be distributed during a race briefing ten minutes before each start.

PRIZES: Usual categories including women, juniors & veterans. In the 6km race only women, juniors and super-veterans are eligible for prizes. The more entries in advance we get, the more wine/beer/chocolates will be given away.

ENTRIES AND ENQUIRIES TO: Mark Vyvyan-Robinson, 3 Waldemar Ave, London SW6 5LB
PHONE: 07870 259903 **EMAIL:** vyvyanrobinson_m@hotmail.com

START TIMES:

Start times for all events
10k race 7:30pm, 6k race 7:40pm, mini race for juniors 7:15pm

DIRECTIONS:

Please see the map of each event's location on the web www.sloweb.org.uk

Competitors take part in this race at their own risk. As entries and results will be processed by computer, your entry will be taken as agreement to this.

SUMMER EVENING TRAIL CHALLENGE ENTRY FORM

Name	M/F	SI Card:
Club (if applicable)	Age @ 31/12/05	
Ham Riverside 24/05/05	Race (please circle): 10k / 6k / mini	Fee:
Epsom Downes 21/06/05	Race (please circle): 10k / 6k / mini	Fee:
Wimbledon Common 5/07/05	Race (please circle): 10k / 6k / mini	Fee:

I enclose a cheque for £..... Payable to 'SLOW' and an s.a.e. if confirmation of entry is required. If you prefer, we can do this via email - please give your email address here:

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If you do not want to be contacted about future Trail Challenges by email please tick here (only about 3 emails a year)